

November 2026

Sonntag	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag
1	2	3	4	5	6	7
lila= Feiertag blau = Vertretung grün = NEU! braun = Ferien	9:00 Reformer 12:15 Reformer 16:30 Fascia Training <i>Zurfiballet</i>	9:00 Reformer 10:00 Fit Tanz 17:30 Yoga 18:40 Matte Pilates	9:30 Easy Morgen Yoga 10:30 Matte Pilates 12:15 Reformer 18:00 Contemporary Tanz Teens 19:15 Contemporary Tanz (18+ Jahre)	11:00 Matte Pilates 17:30 Matte Pilates 18:30 Männer Training <i>Zurfiballet</i>	15:30 Contemporary Tanz Teens	11:00-12:15 Reformer
8	9	10	11	12	13	14
orange = Zeitumstellung pink = Ortumsstellung	9:00 Reformer 12:15 Reformer 16:30 Fascia Training <i>Zurfiballet</i>	9:00 Reformer 10:00 Fit Tanz 17:30 Yoga 18:40 Matte Pilates	9:30 Easy Morgen Yoga 10:30 Matte Pilates 12:15 Reformer 18:00 Contemporary Tanz Teens 19:15 Contemporary Tanz (18+ Jahre)	11:00 Matte Pilates 17:30 Matte Pilates 18:30 Männer Training <i>Zurfiballet</i>	15:30 Contemporary Tanz Teens	11:00-12:15 Reformer
15	16	17	18	19	20	21
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22	23	24	25	26	27	28
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29	30					
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