

Mai 2025

Sonntag	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag
				1	2	3
lila= Feiertag blau = Vertretung grün = NEU!	orange = Zeitumstellung pink = Ortumstellung * = in Freiburg braun = Ferien			Feiertag	*15:30 Contemporary Jazz für Teens *16:30 Pilates	11:00 Reformer Pilates
4	5	6	7	8	9	10
	12:15 Reformer Pilates 13:20 Reformer Pilates 17:45 Männer Training	17:30 Yoga 18:45 Matte Pilates	10:30 Matte Pilates 12:15 Reformer Pilates	17:45 PilatesGroovin'	*15:30 Contemporary Jazz für Teens *16:30 Pilates	11:00 Reformer Pilates
11	12	13	14	15	16	17
	12:15 Reformer Pilates 13:20 Reformer Pilates 17:45 Männer Training	17:30 Yoga 18:45 Matte Pilates	10:30 Matte Pilates 12:15 Reformer Pilates	17:45 PilatesGroovin'	*15:30 Contemporary Jazz für Teens *16:30 Pilates	Kein Reformer Pilates
18	19	20	21	22	23	24
9:30 Reformer Nachholst. von 17.5	12:15 Reformer Pilates 13:20 Reformer Pilates 17:45 Männer Training	17:30 Yoga 18:45 Matte Pilates	10:30 Matte Pilates 12:15 Reformer Pilates	17:45 PilatesGroovin'	*15:30 Contemporary Jazz für Teens *16:30 Pilates	11:00 Reformer Pilates
25	26	27	28	29	30	31
	12:15 Reformer Pilates 13:20 Reformer Pilates 17:45 Männer Training	17:30 Yoga 18:45 Matte Pilates	10:30 Matte Pilates 12:15 Reformer Pilates	Feiertag	*15:30 Contemporary Jazz für Teens *16:30 Pilates	11:00 Reformer Pilates