

Mai 2025

| Sonntag | Montag | Dienstag | Mittwoch | Donnerstag | Freitag | Samstag |
|--|--|-----------------------------------|---|-----------------------|---|------------------------|
| | | | | 1 | 2 | 3 |
| lila= Feiertag blau = Vertretung grün = NEU! | orange = Zeitumstellung pink = Ortumstellung * = in Freiburg braun = Ferien | | | Feiertag | *15:30 Contemporary Jazz für Teens *16:30 Pilates | 11:00 Reformer Pilates |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | 12:15 Reformer Pilates 13:20 Reformer Pilates 17:45 Männer Training | 17:30 Yoga 18:45 Matte Pilates | 10:30 Matte Pilates 12:15 Reformer Pilates | 17:45 PilatesGroovin' | *15:30 Contemporary Jazz für Teens *16:30 Pilates | 11:00 Reformer Pilates |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| | 12:15 Reformer Pilates 13:20 Reformer Pilates 17:45 Männer Training | 17:30 Yoga 18:45 Matte Pilates | 10:30 Matte Pilates 12:15 Reformer Pilates | 17:45 PilatesGroovin' | *15:30 Contemporary Jazz für Teens *16:30 Pilates | 11:00 Reformer Pilates |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| | 12:15 Reformer Pilates 13:20 Reformer Pilates 17:45 Männer Training | 17:30 Yoga 18:45 Matte Pilates | 10:30 Matte Pilates 12:15 Reformer Pilates | 17:45 PilatesGroovin' | *15:30 Contemporary Jazz für Teens *16:30 Pilates | 11:00 Reformer Pilates |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| | 12:15 Reformer Pilates 13:20 Reformer Pilates 17:45 Männer Training | 17:30 Yoga 18:45 Matte Pilates | 10:30 Matte Pilates 12:15 Reformer Pilates | Feiertag | *15:30 Contemporary Jazz für Teens *16:30 Pilates | 11:00 Reformer Pilates |